



Low-carb Diet? Macro Greens™ Aids Weight Loss and Health

by Sylvia Ortiz

LEADING SUPERFOOD HELPS LOW-CARB DIETERS

It's no mystery why so many people on low-carb diets are using **Macro Greens™**. When your body gets the satiating nutrition **Macro Greens™** delivers, hunger pangs disappear.

My son and I, like so many others, had been unsuccessful dieters throughout our lives. We had tried everything without any consistent success. So when I created **Macro Greens™**, I brought together an innovative balance of herbs and other ingredients to deliver nutrition that works well with diet programs and is satisfying, tastes great and delivers powerful antioxidants that build health and cleanse the system.

I hear new success stories nearly every day now as more people realize the benefits of combining their low-carb diets with exercise and a superior nutritional supplement that ensures good health and enhances their ability to achieve their diet goals.

Macro Greens™ is the perfect complement to low-carb diets because it balances pH, is low in calories and carbohydrates, and high in nutrition and fiber. One tablespoon surpasses the antioxidants and nutrition found in five servings of fruits and vegetables. Dieters who use **Macro Greens™** know they are supplying their bodies with a highly concentrated nutritional multivitamin that helps eliminate cravings for nutritionally inferior foods with more calories, fats, carbohydrates and preservatives.

With **Macro Greens™**, my son lost more than 65 lbs. while lowering his body fat from 30 to 12 percent. Now he is a healthy young man with a new, positive self-image! With **Macro Greens™**, I lost nearly 50 lbs. too.

Try it for yourself! **Macro Greens™** was created for people like my son and me who have weight and diet problems—not just for health and fitness experts and body builders. It's an all-purpose diet supplement for everyone that tastes great!

CONTROLLING APPETITE AND CARB CRAVINGS—NATURALLY

So many of us have been frustrated by weight gain after a successful diet, or by the inability to lose weight at all due to appetite, cravings, or simply an inexplicable plateau in weight, despite changed eating habits. All of these frustrations can be explained by a body out of balance. If the body is starved—not only of calories, but of any critical nutrients—it will resist efforts to lose weight.

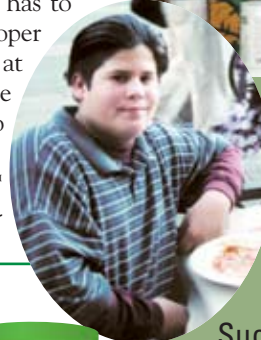
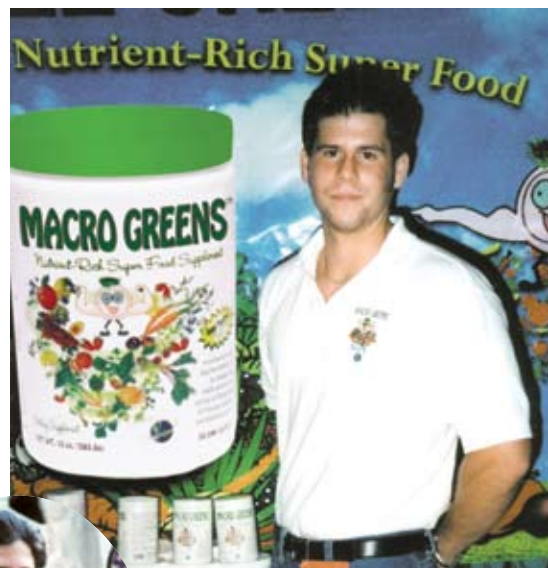
THERE IS A SOLUTION...

In order to correct and prevent the cravings for carbohydrates, there has to be proper hydration and proper blood sugar control, while at the same time keeping the levels of heavy, dense foods to a reasonable amount.

By using **Macro Greens™** mixed in a drink, the prod-

uct becomes light and extremely hydrating, yet fulfills all nutritional needs. This activates the neuroendocrine system, which sends a signal that the person is satisfied.

Macro Greens™ provides lasting health benefits while keeping you satiated, so that your overall health improves the longer you use it, thus making it easy to maintain your weight through your renewed energy and lack of illness and other physical discomforts. ■



"I lost more than 65 lbs. and now have 12 percent body fat thanks to **Macro Greens™**." —J. R. Ortiz

Success Story

Three years ago, I was 215 lbs. with 30 percent body fat. I started drinking **Macro Greens™** because my mom told me it would give me energy and the good nutrition I needed.

To my surprise, it stopped my usual cravings for sweets and junk and I started to lose weight. This really motivated me to eat better, continue exercising, and drink plenty of **Macro Greens™** throughout the day. —J. R. Ortiz

MACRO GREENS FOR YOU

Editor's Note: We compared **Macro Greens™** to other popular greens products like Pro Greens, Green Vibrance, Magma Plus and GREENS+ and found that it compared exceptionally in terms of barley grass, spirulina, and chlorella, as well as probiotic and herbal content. So **Macro Greens™** is not only one of the best tasting and most complete green drinks, but also represents a great value when compared with these other products.

Using Macro Greens™ for Weight Loss—Consume two or three glasses a day.

Availability—**Macro Greens™** is available at health food stores nationwide.

For a free sample and a \$2.00-off coupon, or if you need help in finding a store in your area, call MacroLife Naturals, Inc. toll-free at (800) 521-5867 or visit www.macrogreens.com.

